## "The Joy Of My Salvation" 2 Samuel 11:1-27 Psalms 51:12 "Restore unto me the joy of thy salvation; and uphold me with a willing spirit." ASV

# Are You Happy? • What is happiness? - World's definition: Self-satisfaction - "Enjoying or characterized by well-being and contentment" (Webster)

## Are You Happy? • What is happiness? • Do not confuse the pleasures of sin with real happiness. • Sin destroys happiness. Psalms 32:1-4 • God's definition. 1 Peter 3:8-12; Matthew 5:3-12

# Are You Happy? • God wants us to be happy, but as He defines it. Ecclesiastes 3:12-13; 9:7-9 • David could only be happy through forgiveness. Psalms 51 • Jesus is our way out of unhappiness and despair. cf. Acts 9:3-9, 18; Acts 2:36-37, 41, 46; John 16:22

## Happiness: Joy of Life • State of mind; attitude of heart. Proverbs 23:7 - A decision of the mind (will) • Christians live in joy. Galatians 5:22 - Right viewpoint of life. Romans 8:18 - Forgiveness of sins. Psalms 51:10-12 - Pure living. - Trusting God's promises. 2 Corinthians 4:16-18; 2 Corinthians 6:10

# Happiness: Joy of Life • Build a happy life by building faith in God. • Set your hope on God. Hebrews 13:5-6 • Blessedness in trusting God. Philippians 4:10-13 • Count your blessings and rejoice. Ephesians 1:3; Philippians 4:4 • Be thankful for your brethren. Romans 1:8; Philippians 4:1; 3 John 4 • Obey Jesus. John 15:10-11

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### hings of Earth do not Bring Lasting Happiness, Ecclesiastes 1:13; 2:3

- Pleasure. Ecclesiastes 2:1-2
  - Laughter. Proverbs 14:13
- Sensual pleasures are momentary.
   Hebrews 11:25; Luke 12:19
  - Often the source of unhappiness.
     Psalms 32:4
- Distorts one's view of life and death, Ecclesiastes 7:2-4

### Things of Earth do not Bring Lasting Happiness

- Possessions Ecclesiastes 2:4-11; Luke 2:15-21
  - -Tend to isolate. 4:7-8
  - No satisfaction ... more anxiety.Ecclesiastes 5:10-12; 1 Timothy6:10
  - -Rich young Ruler. Matthew 19:21-22

### Things of Earth do not Bring Lasting Happiness

- Wisdom Ecclesiastes 2:12-17
  - -Trusting in your own wisdom is foolish. 1 Corinthians 3:18; 8:2
  - -Death still comes. 2:14
  - -Divine wisdom needed. 8:16-17; 1 Corinthians 1:21

### Things of Earth do not Bring Lasting Happiness

- Labor Ecclesiastes 2:18-23 (24)
  - -Whose shall it be? 2:18-19; Luke 12:20
  - -Elements of despair. 2:10; 5:13-17
  - -Good, but not for ultimate joy. Lamentations 3:27; 1 Thessalonians 4:11-12

### Things of Earth do not Bring Lasting Happiness

- Success Ecclesiastes 4:4-6
  - -Often envied. 4:4
  - -Learn to be content with what our labor provides. 1 Timothy 6:6-8

### Things of Earth do not Bring Lasting Happiness

- If... desires fulfilled.
  - **Ecclesiastes 6:7-9**
  - -Never satisfied when desire rules.
  - -Desires must be godly and be controlled by contented faith. Philippians 4:11-13

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### **1... desires fulfilled. Leah Genesis 29:31-35**

Ruben (i.e. "see a son") – "Because
Jehovah hath looked upon my affliction."
(misery NIV)
Simeon (i.e. "hearing") – "Because
Jehovah hath heard that I am hated ..."
Levi (i.e. "attachment") – "Now this time
my husband will be joined to me ..."
Judah (i.e. "praise") – "This time will I
praise Jehovah"
Zebulun (i.e. "honor") "now will my
husband dwell (honor) me." (Genesis
30:20; 50:13)

### Things We Need To Be Happy

- Fear and obey God. Ecclesiastes 12:13
- Address sin in God's way. Acts
   2:37-42; 8:39; 16:27, 34;
   Psalms 51:1-12
- Seek first the things of God.
   Matthew 6:33; cf. 1 Peter 3:10-11

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